OUR A-Z GUIDE TO GETTING INSPIRED

Aa
Raise funds whilst you raise your adrenaline. Do a sponsored bungee jump, skydive or abseil.

Bb
Host a bake sale! Everybody loves cake, especially when the profits are going to a good cause.

Cc
Invite your friends to a coffee morning and ask for a small donation whilst you chatter.

Dd
Why don’t you set up a sponsored dance-a-thon or disco fundraiser and get moving!

Ee
Host an event of your choice and donate the proceeds to our life-saving work.

Ff
Ask your friends to sponsor you for a food challenge. Give something up or set a record!

Gg
Garden parties are the highlight of any summer. Invite friends and family and ask for a small donation.

Hh
Dye your hair a fun and crazy colour or host a mad hair day in your school or office.

Ii
Inspire and inform people by handing out information and talk to people about our work.
Jj
Host a jumble sale and sell any of your possessions you no longer get use from.

Kk
Have a karaoke party for your birthday and ask your friends to donate instead of giving a gift!

Ll
Set up the lemon balance challenge in your home or office and see how much you can raise for us.

Ss
Ask your school if they would like to get involved with your fundraising event.

Tt
Set up a tombola or a tuck shop and donate the profits!

Uu
Either at school or in the office – ask people to make a small donation for a uniform free day.

Mm
Organise a music gig and charge an entry fee on the door. Good tunes and good vibes!

Nn
Nominate your friends to take on a challenge with you. See how far you can go!

Oo
On special occasions such as a wedding or birthday, ask for donations instead of gifts.

Vv
Our project partners throughout the world have volunteering opportunities available at multiple sanctuaries.

Ww
Get everyone at your workplace involved! Use it as a team-bonding experience.

Xx
You could give a donation instead of giving X-mas cards during the holiday season.

Pp
Have a party! It could be virtual, at a venue or at your house and ask guests to donate.

Qq
Organise a pub night at your local pub or from your own home over the internet.

Rr
Take on the challenge of a marathon race. 5k, 10k or train for the 42K London Marathon.

Yy
Yard sales are a fun way to make some money whilst giving your house a de-clutter.

Zz
Who needs Zzz’s when you can get sponsored to stay awake for 24 hours!
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Join our growing family from across the world
www.internationalanimalrescue.org